

# PREGO

Italian *Café Bar* & Restaurant

## Sunday Family Menu

Sunday 12- 8pm    2 Courses £14.95, 3 Courses £17.95

### Primi

Hot & Cold Starters

#### **Zuppa Del Giorno**

Homemade soup of the day

#### **Minestrone Con Ditalini (v) (GF on request)**

Traditional diced vegetable and pasta soup

#### **Caprese Rustica (v) (n)**

Torn mozzarella, sun blushed & cherry tomatoes with wild rocket & a homemade pesto dressing

#### **Bruschetta Al Pomodoro (v) (n)**

Toasted home made bread, with diced plum, sun blushed and cherry tomatoes, garlic & olive oil, topped with fresh basil pesto

#### **Funghetti Saltati Con Aglio E Crema (v) (GF)**

Mixed mushrooms sautéed with garlic, white wine & cream

#### **Insalata Di Pollo Alla Cesare**

Chicken breast & crispy bacon, tossed with cherry tomatoes, croutons, & baby gem lettuce, Caesar dressing & parmesan shavings

#### **Tortina Di Pesce Misto**

Mixed fish, spring onion & potato cake, fried and served on mixed leaves & zesty lemon mayonnaise

#### **Pasticcio Di Pollo (GF on request)**

Homemade chicken liver pâté with toasted homemade bread & pear chutney

#### **Insalata Di Pollo Alla Thailandese (n)**

Warm chargrilled chicken thighs with a quinoa, cherry tomato, cucumber, red onion & coriander salad with crushed peanuts in a spicy, light Thai dressing

### Secondi

Mains

#### **Patate Dolci E Broccoli (v)(n)**

Sweet potatoes with broccoli, chilli, pine kernels & goats' cheese, with a honey and balsamic reduction

#### **Arrosto Del Giorno**

Sunday roast of the day served with homemade Yorkshire pudding and pan gravy

#### **Pollo Crema E Funghi**

Pan cooked chicken supreme in a creamy mixed mushroom sauce with sautéed potatoes

#### **Prego Burger**

Two 4oz beef burgers, pancetta, cheddar cheese, tomato, baby gem lettuce, BBQ sauce and mayonnaise served in a brioche bun with onion rings and chips

#### **Branzino Alla Sarda**

Seabass fillet pan fried with cherry tomatoes, garlic and olive oil served with sautéed new potatoes

A 10% optional service charge will be added to parties of 6 or more  
Special offers & Sunday All Day menu exclude December, New Year's Eve, Valentines Day, Mothers Day & Fathers Day  
The Sunday Family Menu is replaced by the Christmas Menu over the festive period

## Paste

### Pasta

#### **Spaghetti Bolognese**

Spaghetti pasta with a beef bolognese ragu

#### **Lasagne Al Forno**

Traditional oven baked Bolognese ragu lasagne

#### **Fettuccine Fattore**

Fettuccine pasta with chicken, mushrooms, onions, garlic, tomato sauce & a touch of cream

#### **Pennette Al Pomodoro Fresco E Basilico (or Alla Arrabiata) (v)**

Pennette pasta with fresh tomato sauce, extra virgin olive oil, basil & garlic  
(Chilli may be added to make it a spicy Arrabiata sauce)

#### **Spaghetti Carbonara**

Spaghetti pasta tossed with smoked Italian pancetta, cream, egg yolk, parmesan and black pepper

## Pizze

### Pizza & Calzone

#### **Pizza Pepperoni (Hot & Spicy)**

Tomato base, mozzarella, spicy pepperoni & hot jalapeno peppers

#### **Pizza Lidia**

Tomato base, mozzarella, Italian cured meats, parmesan shavings, cherry tomatoes & wild rocket

#### **Pizza Ai Salumi Misti**

Tomato base, mozzarella, mixed salami, pepperoni & chorizo

#### **Pizza Vesuvio**

Tomato base, mozzarella, spicy pulled beef, mushrooms & white onion

#### **Pizza Quattro Stagioni**

Tomato base, mozzarella, ham, olives, peppers and pepperoni

#### **Pizza Margherita (v)**

Tomato base & mozzarella

#### **Pizza Peppiniello (v) (n)**

Tomato base, goats' cheese, caramelised red onion, spinach & pine nuts drizzled with a balsamic glaze

#### **Pizza Prosciutto E Funghi**

Tomato base, mozzarella, roast ham & mushrooms

#### **Calzone Classico (Folded Pizza)**

Filled with roast ham, tomato, mozzarella & mushrooms

#### **Calzone Kiev (Folded Pizza)**

Filled with spinach, mozzarella, chicken & garlic

## Dolci

### Desserts

#### **Selection of Ice Cream**

#### **Cheese Cake of the Day**

With cream or ice cream

#### **Chocolate Fudge Cake**

With cream or ice cream

#### **Dime Bar Pie**

With cream or ice cream

## Contorni

### Sides

#### **Zucchini Fritti**

£3.50

Lightly floured fried courgettes

#### **Chips**

£2.50

#### **Sweet Potato Fries**

£3.00

#### **Seasonal Vegetables**

£2.95

#### **Mixed Salad**

£2.80

With house dressing

**Prego Play is available 12 – 6 to help entertain your little ones!**

Food allergen information is available on request, please ask your server.