

# PREGO

Italian *Café Bar* & Restaurant

## Sunday Family Menu

Sunday 12- 8pm    2 Courses £14.95, 3 Courses £17.95

### Primi

Hot & Cold Starters

#### **Zuppa Del Giorno**

Homemade soup of the day

#### **Minestrone Con Ditalini (v) (GF on request)**

Traditional diced vegetable and pasta soup

#### **Caprese Rustica (v) (n)**

Torn mozzarella, sun blushed & cherry tomatoes with wild rocket & a homemade pesto dressing

#### **Bruschetta Al Pomodoro (v) (n)**

Toasted home made bread, with diced plum, sun blushed and cherry tomatoes, garlic & olive oil, topped with fresh basil pesto

#### **Funghetti Saltati Con Aglio E Crema (v) (GF)**

Mixed mushrooms sautéed with garlic, white wine & cream

#### **Insalata Di Pollo Alla Cesare**

Chicken breast & crispy bacon, tossed with cherry tomatoes, croutons, & baby gem lettuce, Caesar dressing & parmesan shavings

#### **Tortina Di Pesce Misto**

Mixed fish, spring onion & potato cake, fried and served on mixed leaves & zesty lemon mayonnaise

### Secondi

Mains

#### **Patate Dolci E Broccoli (v)**

Sweet potatoes with tender stem broccoli, chilli, pine kernels & goats' cheese, with a honey and balsamic reduction

#### **Cosciette Di Pollo Alla Griglia**

Chargrilled chilli and garlic marinated chicken thighs, crushed new potatoes with spring onions and a butter emulsion

#### **Branzino Mediterraneo (n)**

Seabass fillet with sautéed tender stem broccoli, sun blushed tomato & almond pesto, concasse tomato and shallot salsa

#### **Pollo Alla Griglia**

Chicken breast served with roasted vine tomatoes and onions

#### **Arrosto Del Giorno**

Sunday roast of the day served with homemade Yorkshire pudding and pan gravy

A 10% optional service charge will be added to parties of 6 or more  
Special offers & Sunday All Day menu exclude December, New Year's Eve, Valentines Day, Mothers Day & Fathers Day  
The Sunday Family Menu is replaced by the Christmas Menu over the festive period

# Paste

## Pasta

### **Spaghetti Bolognese**

Spaghetti pasta with a beef bolognese ragu

### **Lasagne Al Forno**

Traditional oven baked Bolognese ragu lasagne

### **Fettuccine Fattore**

Fettuccine pasta with chicken, mushrooms, onions, garlic, tomato sauce & a touch of cream

### **Pennette Al Pomodoro Fresco E Basilico (or Alla Arrabiata) (v)**

Pennette pasta with fresh tomato sauce, extra virgin olive oil, basil & garlic  
(Chilli may be added to make it a spicy Arrabiata sauce)

### **Spaghetti Carbonara**

Spaghetti pasta tossed with smoked Italian pancetta, cream, egg yolk, parmesan and black pepper

### **Fettuccine Prego**

Fettuccine pasta with chicken, asparagus, spring onions & peas in a creamy sauce

# Pizze

## Pizza & Calzone

### **Margherita (v)**

Tomato base & mozzarella

### **Pizza Prosciutto E Funghi**

Tomato base, mozzarella, roast ham & mushrooms

### **Pizza Pepperoni (Hot and Spicy)**

Tomato base, mozzarella, spicy pepperoni & hot jalapeno peppers

### **Pizza Peppiniello (v) (n)**

Tomato base, goats' cheese, caramelised red onion, spinach & pine nuts drizzled with a balsamic glaze

### **Calzone (Folded Pizza)**

Filled with roast ham, tomato, mozzarella & mushrooms

# Dolci

## Desserts

### **Selection of Ice Cream**

### **Cheese Cake of the Day**

With cream or ice cream

### **Chocolate Fudge Cake**

With cream or ice cream

### **Dime Bar Pie**

With cream or ice cream

# Contorni

## Sides

### **Zucchini Fritti**

£3.50

Lightly floured fried courgettes

### **Chips**

£2.50

### **Sweet Potato Fries**

£3.00

### **Seasonal Vegetables**

£2.95

### **Mixed Salad**

£2.80

With house dressing

**Prego Play is available 12 – 6 to help entertain your little ones!**

Food allergen information is available on request, please ask your server.