

A la Carte Menu

Available: Monday – Friday 5pm -10pm, Saturday 12pm – 10pm & Sunday 12pm – 8pm

Pane E Focaccine

Breads and Pizza Breads

Pane Del Giorno (v) Homemade mixed breads for the table with olive oil and balsamic vinegar Gluten free bread available on request	£3.50
Focaccia Al'Aglio (v) Homemade garlic pizza bread	£5.00
Focaccia Con Cippolla E Rosmarino (v) Homemade pizza bread with sliced white onion and rosemary	£5.00
Focaccia Al Pomodoro E Aglio (v) Homemade garlic pizza bread with tomato, olive oil & basil	£5.50
Focaccia Al Formaggio E Aglio (v) Homemade garlic pizza bread with a little mozzarella cheese	£6.00

Primi Piatti

Starters

Funghetti Saltati Con Aglio E Crema (v) (GF) £6.95 Mixed mushrooms sautéed with garlic & cream	Tortina Di Pesce Misto £7.55 Mixed fish, spring onion & potato fishcake, with mixed leaves & zesty lemon mayonnaise
Minestrone Con Ditalini (v) (GF on request) £4.50 Traditional diced vegetable and pasta soup	Pasticcio Di Pollo (GF on request) £6.95 Homemade chicken liver pâté with toasted homemade bread & pear chutney
Zuppa Del Giorno £4.50 Homemade soup of the day	Gamberoni Tempura £8.95 Tempura battered king prawns with a sweet chilli dipping sauce
Calamari Fritti £7.95 Crispy fried calamari served with a roasted garlic aioli dip	Fritto Misto £8.95 NEW Crispy, lightly fried calamari, zucchini and soft shell crab and garlic aioli dip
Coste Di Maiale £8.55 NEW Slow cooked pork ribs in an oriental BBQ sauce	

Bruschetta & Antipasti

Bruschetta & Sharing Platters

Bruschetta Al Pomodoro (v) £5.50 Homemade toasted bread, with diced plum, sun blushed and cherry tomatoes, garlic & olive oil
Bruschetta Di Gamberetti E Salmone £6.95 NEW Homemade toasted bread with smoked salmon, avocado salsa, baby prawns, coriander & pomegranate seeds
Bruschetta Con Prosciutto E Mozzarella (n) £6.95 NEW Homemade toasted bread with Parma ham, mozzarella, cherry tomatoes, homemade pesto & rocket leaves

*Assortment of the above
Bruschetta*

Trio of Bruschetta £8.95 Three slices
Bruschetta Sharing Platter £16.95 Six slices

Antipasto Vegetariano (v) (n) £7.95 Rocket salad & parmesan shavings, olives, bruschetta pomodoro, marinated roast peppers, grissini, caprese rustica & homemade pesto
Antipasto Misto (n) (GF) £8.95 Mixed Italian cured meats, rocket salad, parmesan shavings, olives, marinated roast peppers & homemade pesto

Sharing Boards

Antipasto Vegetariano £15.50
Antipasto Misto £16.50

Insalata

Starter and Main Salads

Pollo Alla Thaiandese (n) NEW Warm chargrilled chicken thighs with a quinoa, cherry tomato, cucumber, red onion & coriander salad with crushed peanuts in a spicy light Thai dressing	Starter £6.95 / Main £10.50
Caprese Rustica (v) (n) (GF) Tom mozzarella, sun blushed & cherry tomatoes with wild rocket and a homemade pesto dressing	Starter £6.95 / Main £10.50
Insalata Di Pollo Alla Cesare Chicken breast & crispy bacon, tossed with cherry tomatoes, croutons & baby gem lettuce, with a Caesar dressing & parmesan shavings	Starter £7.45 / Main £10.95

Paste

Pasta

Pennette Al Pomodoro Fresco E Basilico (or Alla Arrabiata) (v) £8.25 Pennette pasta with a tomato sauce, extra virgin olive oil, basil & garlic (Chilli may be added to make a spicy Arrabiata sauce)	Agnolotti D'Astice £12.50 Egg pasta filled with lobster & ricotta in an asparagus and baby prawn cream sauce
Spaghetti Dello Chef £10.95 Spaghetti pasta tossed with smoked Italian pancetta, pepperoni sausage, onion, garlic & chilli, finished with baby prawns, touch of tomato & rocket leaves	Linguine Ai Frutti Di Mare £12.95 Baby calamari, king prawns, mussels, baby prawns & cherry tomatoes cooked with olive oil, garlic, chilli and a touch of tomato sauce
Lasagne Al Forno £8.95 Traditional oven baked lasagne	Fettuccine Fattore £9.95 Fettuccine pasta with chicken, mushrooms, onions, garlic, tomato sauce and a touch of cream
Spaghetti Alla Bolognese £8.75 Spaghetti pasta with Bolognese sauce	Linguine Al Granchio E Gamberoni £12.95 Linguine pasta tossed with a sauce of crab meat, king prawns, baby prawns & garlic in a light white wine, tomato & cream sauce
Fettuccine Al Ragu D'Anatra £10.95 NEW Fettuccine pasta with slow cooked homemade duck ragu in a light tomato and thyme sauce	Spaghetti Carbonara £8.95 Spaghetti pasta tossed with smoked Italian pancetta, cream, egg yolk, parmesan and black pepper

Gluten free & wholemeal pasta available on request

Book a table online

Visit www.prego-restaurant.co.uk

Pizze

Pizza

Pizza Pepperoni (Hot & Spicy) £9.75

Tomato base, mozzarella, spicy pepperoni & hot jalapeno peppers

Pizza Lidia £10.95

Tomato base, mozzarella, Italian cured meats, parmesan shavings, cherry tomatoes & wild rocket

Pizza Ai Salumi Misti £9.95

Tomato base, mozzarella, mixed salami, pepperoni & chorizo

Pizza Vesuvio £10.55 NEW

Tomato base, mozzarella, spicy pulled beef, mushrooms & white onion

Pizza Quattro Stagioni £9.95

Tomato base, mozzarella, ham, olives, peppers and pepperoni

Pizza Margherita (v) £8.55

Tomato base & mozzarella

Pizza Peppiniello (v) (n) £9.50

Tomato base, goats' cheese, caramelised red onion, spinach & pine nuts drizzled with a balsamic glaze

Pizza Prosciutto E Funghi £9.55

Tomato base, mozzarella, roast ham & mushrooms

Calzone

Calzone Classico (Folded Pizza) £9.50

Filled with roast ham, tomato, mozzarella & mushrooms

Calzone Kiev (Folded Pizza) £9.95

Filled with spinach, mozzarella, chicken & garlic

**Additional pizza toppings
£1.00 each**

Grigliati

Grilled Dishes

Pollo Alla Griglia £11.95

Chicken breast

8oz Rib Eye Steak £15.95

8oz Fillet Steak £19.95

Cotolette D' Agnello £15.95

Lamb Cutlets

All grilled dishes served with roasted vine tomatoes & onions

Steak sauces

Individual Sauces

£2.00

Choose from:

Tomato & herb

Brandy & peppercorn

Mixed mushroom & cream

Secondi

Mains

Patate Dolci E Broccoli £9.25 (v) (n)

Sweet potatoes with broccoli, chilli, pine kernels, goats' cheese, honey and balsamic reduction

Pollo Crema E Funghi £14.50

Pan cooked chicken supreme in a creamy mixed mushroom sauce with sautéed potatoes

Pollo Mare Monti £14.95

Pan cooked chicken breast with sautéed spinach, wild mushrooms & baby prawns in a white wine butter sauce

Pollo Saltimbocca Alla Romana £14.50 NEW

Pan fried skinless and boneless chicken thighs, topped with sage and Parma ham, finished in a white wine and butter sauce served with mashed potatoes

Prego Burger £9.95 NEW

Two 4oz beef burgers, pancetta, cheddar cheese, tomato, baby gem lettuce, BBQ sauce and mayonnaise served in a brioche bun with onion rings and chips

Branzino Alla Sarda £13.95 NEW

Seabass fillet pan fried with cherry tomatoes, garlic and olive oil served with sautéed new potatoes

Pancetta Di Maiale Brasata £15.95 NEW

Succulent belly pork & sautéed wild mushrooms in a red wine reduction with creamy mashed potatoes

Carre D' Agnello £18.95

Herb crusted rack of lamb with sautéed new potatoes and a red wine jus

Petto D' Anatra Con Amarena £18.50 NEW

Pan roasted duck breast with a potato terrine and amarena cherry sauce

Steak Frites £19.50

8oz Rib eye steak grilled & served with a dressed mixed salad & chips

Filetto Alla Prego £23.50

Pan fried 8oz beef fillet steak, topped with Parma ham & gorgonzola cheese, creamy mashed potatoes and a red wine jus

Contorni

Side Dishes

Zucchini Fritti £3.50

Lightly floured fried courgettes

Chips £2.50

Sweet Potato Fries £3.00

Wilted, Buttered Spinach £2.95

Patate Saltate (v) £2.95

Sautéed new potatoes with olive oil, rosemary & garlic

Creamy Mashed Potatoes £2.50

Seasonal Vegetables £2.95

Mixed Salad £2.80

With house dressing

Rocket Leaf Salad £3.50

With parmesan shavings, sun blushed tomatoes and a balsamic vinegar dressing

Green Beans and Mange Tout £3.50

With sesame seeds, chilli & garlic

Café Bar

Monday – Friday 12pm – 2pm

Early Bird Menu

Two Courses £12.95

Monday – Friday 5pm - 7pm

Saturday 12pm – 7pm

Sunday Family Menu

Sunday 12- 8pm

2 courses £14.95 / 3 courses £17.95

Prego Play

12pm – 6pm Every Sunday

Face painting, arts & crafts, games and more

Food allergen information is available on request, please ask your server.

A 10% optional service charge will be added to parties of 6 or more. Whilst we make every effort to serve you with speed and efficiency, at busy times delays are inevitable. We thank you for your understanding.

Early Bird & Sunday Family menus are replaced with our Christmas menu over the festive season

(v) Vegetarian (n) Contains Nuts (GF) Gluten Free



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www.prego-restaurant.co.uk

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